

JOB DESCRIPTION OF A COUNSELLOR

Position: Part Time Counsellor
Start Date: January, 2025

About CAPRIGHTS:

Centre for the Advancement and Protection of the Rights of Vulnerable People (CAPRIGHTS-VP) is an Organisation borne out of passion for the cause of the vulnerable people particularly- women and children.

Our Vision

'A just and fair society where everyone is treated equally, respected and supported to live their lives to the fullest irrespective of the circumstances of their lives/situation they find themselves in'.

As we pursue our mission of empowering and positioning vulnerable people better to access resources open to them, we are seeking a dedicated and experienced counsellor to provide counselling support to our beneficiary s.

Job Summary:

The Counsellor will offer emotional and psychological support that is trauma-informed to survivors of physical, emotional, sexual, and psychological abuse. They will establish a secure and empathetic environment that will enable individuals to articulate their emotions, process trauma, and progress towards recovery. The counsellor will assist survivors in gaining the ability to access essential services, promote resilience, and collaborate with other professionals.

Job Requirement/Key Responsibilities:

Counselling Services:

- I. Conduct one-on-one counselling sessions, both in-person and virtual, with survivors of abuse.
- II. Provide group therapy and support group facilitation where appropriate.
- III. Use trauma-informed care principles to guide survivors through their healing process.
- IV. Develop individualized care plans for each survivor, tailored to their unique needs.

Assessment and Documentation:

Conduct initial assessments to understand the survivor's background, the type of abuse experienced, and the impact it has had on their mental health and well-being.

Maintain accurate and confidential records of counselling sessions, progress, and outcomes.

Advocacy and Support:

Help advocate for the needs of survivors, ensuring they are connected to appropriate resources such as legal aid, housing, and healthcare.

Provide crisis intervention when needed and offer coping strategies for emotional and psychological distress.

Education and Awareness:

Educate survivors on the nature of abuse, its impact on mental health, and the stages of healing.

Participate in community outreach programs and workshops aimed at raising awareness of abuse prevention and survivor support.

Collaboration:

Work closely with a multidisciplinary team, including social workers, healthcare professionals, legal aid, and law enforcement, to ensure a holistic approach to survivor care.

Attend regular supervision sessions to review cases and improve practice.

Qualifications:**Educational Background:**

Bachelor's or Master's degree in Psychology, Counselling or a related field.

Specialization in trauma counselling or abuse recovery is preferred.

Experience:

At least 2-3 years of experience providing counselling services to survivors of abuse or individuals with trauma. Experience working in community-based settings or NGOs is an advantage.

Skills and Competencies:

- Strong understanding of trauma, domestic violence, sexual abuse, and other forms of violence.
- Excellent active listening and communication skills.
- Ability to maintain confidentiality and build trust with vulnerable individuals.
- Familiarity with culturally sensitive counselling practices.
- Strong crisis intervention skills.

Personal Attributes:

1. Empathy, compassion, and patience.
2. High emotional intelligence and self-awareness.
3. Resilience and ability to manage emotional stress.
4. Commitment to human rights and survivor empowerment.

Other Requirements:

Familiarity with local referral services and community resources.

Candidates residing within Alimosho area of Lagos State are strongly encouraged to apply.

Please submit a resume to caprights.vprecruitment@gmail.com

